



A VIRTUAL BEHAVIORAL HEALTH REFERRAL SOLUTION

Array AtHome

Expanding Access. Closing Gaps.
Improving Outcomes.



Bridging the Behavioral Health Access Gap

As demand for mental health services grows and provider shortages persist, healthcare organizations face increasing difficulty connecting patients with timely, high-quality outpatient care. These challenges often result in delayed or missed treatment, worsening symptoms, and avoidable ED visits or readmissions—especially for patients recently discharged from hospitals or crisis settings.

For care managers and discharge planners, the pressure is even greater. Securing follow-up care within the timeframes required to meet HEDIS quality measures can be difficult, especially when local providers have long wait times or limited availability. When these windows are missed, it can disrupt continuity of care, impact patient outcomes, and negatively affect organizational performance.

A Scalable Referral Solution for Timely, Ongoing Support



Array AtHome is Array's virtual outpatient behavioral health solution, designed to ensure patients receive the **Right Care, Right Time, Right Dose™** through structured, measurement-based care. This flexible referral option provides timely access to therapy, medication management, and care coordination, helping discharged or referred patients stay engaged in treatment and avoid unnecessary emergency visits or hospitalizations. We are in-network with most national and many local payors, making care accessible to more patients.

Key components of Array AtHome include:



Care Pathways – Patients are matched to structured, evidence-based care plans based on clinical urgency, acuity, and social determinants of health. These proprietary treatment paths guide appointment cadence, provider type, and care goals, with regular reassessments to ensure patients stay on track toward improved outcomes.



Therapy Services – Structured, goal-oriented therapy to help patients manage symptoms, develop coping strategies, and improve daily functioning.



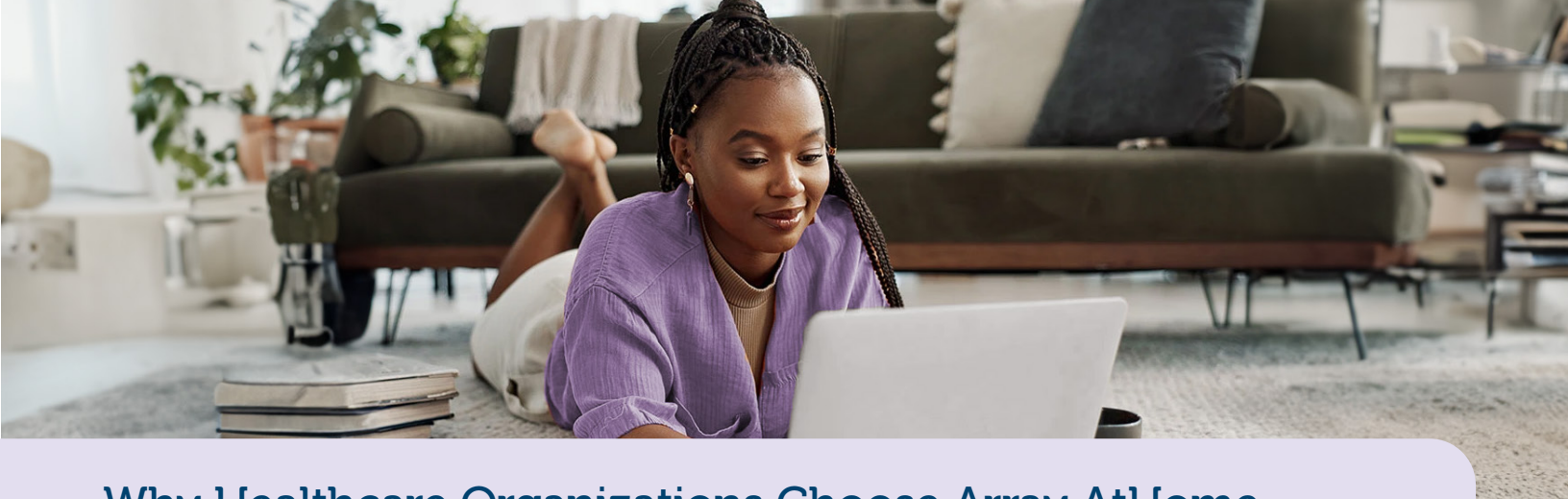
Non-Acute Medication Management – Psychiatric evaluation, prescribing, monitoring and adjustment of medications to manage ongoing behavioral health needs.



Care Coordination – Dedicated support to help patients schedule appointments, navigate systems, and access resources, keeping them engaged in treatment while easing the burden on referring providers.



Quality Program – A structured, evidence-informed framework ensures consistent, high-quality care across our practice.



Why Healthcare Organizations Choose Array AtHome

- **More Than a Staffing Agency – A Fully Managed Practice** – Unlike marketplace models or loose provider networks, Array operates as a fully managed clinical practice, providing a coordinated, standardized approach to care delivery with accountability, clinical oversight, and measurable outcomes.
- **Built on Epic for Seamless Integration** – Enables real-time data sharing, care team collaboration, and clinical visibility across systems, giving referring providers insight into patient progress and supporting continuity of care.
- **Guided by Proprietary Care Pathways** – Delivers the right care, at the right time, in the right dose, supporting adherence, improving outcomes, and optimizing resources.
- **Reduces Referral Gaps** – Provides timely behavioral health access, reducing treatment delays, drop-off rates, and avoidable ED visits.
- **Enhances Care Continuity & Efficiency** – Complements acute and outpatient care by expanding behavioral health capacity without increasing internal staffing or infrastructure costs.

Expand Behavioral Health Support Across the Continuum

Layer Array OnDemand Care and Array Community Care to ensure your patients receive the right support across settings and levels of need:



Array Community Care

Integrated Behavioral Health Care for Outpatient Settings

Whether augmenting an existing behavioral health program or launching a new one, Array Community Care embeds virtual psychiatry and therapy services into your outpatient clinics and specialty practices. Array clinicians work within your systems and workflows to expand access, reduce pressure on internal teams, and retain patients within your system.



Array OnDemand Care

Acute Psychiatric Crisis & Stabilization

Rapid access to psychiatrist-led evaluation, treatment, and level of care determination for high-acuity settings like EDs, inpatient medical units and crisis stabilization spaces. Array OnDemand Care helps hospitals reduce length of stay, improve throughput and enhance patient outcomes.

Partner with Array to Improve Behavioral Health Care

With over 25 years of experience, Array Behavioral Care is the nation's leading virtual psychiatry and therapy practice, trusted by healthcare organizations to help close behavioral health gaps and support better outcomes across the continuum of care.

Discover how Array AtHome can make a meaningful difference for your patient and care teams. Visit arraybc.com to learn more.