



VIRTUAL BEHAVIORAL HEALTH FOR OUTPATIENT CLINICS

## Array Community Care

Expanding Access. Enhancing Capacity.  
Supporting Continuity.



### Relieving the Strain on Outpatient Clinics and Community Providers

Outpatient clinics, medical groups, primary care practices, and community health centers are under mounting pressure to meet growing behavioral health demand. With provider shortages, limited referral options, and fragmented systems, many teams are left managing complex mental health cases without adequate support—leading to unnecessary ED visits, treatment delays, care gaps, and higher costs.

To complicate matters, these organizations must serve populations with diverse clinical needs and varying acuity levels, making it difficult to deliver effective care at scale.

### A Scalable Solution for Outpatient Behavioral Health



Array Community Care is Array's virtual outpatient behavioral health solution, designed to deliver the **Right Care, Right Time, Right Dose™** by embedding scheduled psychiatry and therapy services directly into your care environment. By integrating dedicated clinicians into your systems and workflows, Array Community Care expands access to timely, high-quality care without increasing internal hiring demands.

Array clinicians are matched to your organization's needs and deliver consistent, evidence-based care aligned with your clinical standards. They document directly in your EHR and collaborate with onsite teams to ensure coordinated, seamless care delivery.

#### Services based on your needs may include:

**Therapy Services** – Structured, goal-oriented therapy to help patients manage symptoms, develop coping strategies, and improve daily functioning.

**Non-Acute Medication Management** – Prescribing, monitoring, and adjusting medications to manage chronic behavioral health conditions while minimizing side effects.



#### Optional enhancements:

**Medical Director Oversight** – Fractional medical director support providing clinical oversight, protocol development, provider mentorship, and operational guidance to enhance care delivery and compliance.

**Crisis Therapy** – Short-term, high-intensity therapy to stabilize patients in acute distress and prevent unnecessary emergency visits or hospitalizations.



## Why Healthcare Organizations Choose Array Community Care

- **More Than a Staffing Agency – A Fully Managed Practice** – With deep virtual practice management expertise, Array ensures seamless integration, operational efficiency, and clinical oversight. Our employed clinicians follow standardized protocols to ensure consistent, high-quality care.
- **Tailored Program Design** – Our proprietary clinical acuity and caseload tools help right-size programs based on your population's needs ensuring appropriate staffing levels and appointment cadence.
- **Improved Access & Patient Retention** – Embedding behavioral health services expands access without increasing internal staffing burdens and helps retain patients within your system.
- **Expand Clinical Capacity** – Address high caseloads, waitlists and referral backlogs with scheduled access to virtual therapy, psychiatric evaluations, and medication management, delivered within your existing workflows.
- **Proven Outcomes** – Structured outpatient care helps stabilize patients, prevent crisis escalation, and reduce avoidable ED utilization.

## Expand Behavioral Health Support Across the Continuum

Layer Array OnDemand Care and Array AtHome to ensure your patients receive the right support across settings and levels of need:



### Array AtHome

#### Flexible Referral Option for Continued Support

A reliable referral option for discharged patients or individuals your team cannot accommodate due to limited capacity or scope of services. In-network with most major insurances, Array AtHome provides timely virtual access to therapy and psychiatry, helping patients receive the care they need and achieve better long-term outcomes.



### Array OnDemand Care

#### Acute Psychiatric Crisis & Stabilization

Delivers rapid access to psychiatric expertise for evaluation, treatment, and level of care determination in emergency departments, inpatient medical units and crisis settings. Helps healthcare organizations reduce length of stay, improve throughput and enhance patient outcomes.

## Partner with Array to Expand Behavioral Health Access Together

With over 25 years of experience, Array Behavioral Care is the nation's leading virtual psychiatry provider, helping healthcare organizations embed structured, scalable behavioral health services into outpatient settings.

Discover how Array Community Care can make a meaningful difference for your patients and support your operations.

Visit [arraybc.com](https://arraybc.com) to learn more.