Behavioral Health Trends: Key Benchmarks
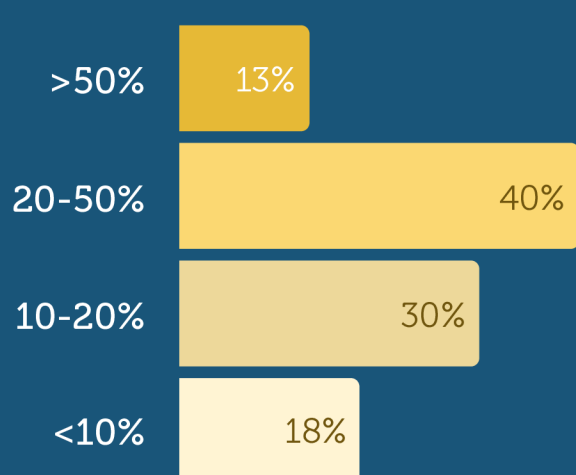
array

Where is your system most in need of additional behavioral health support?

- ■ Outpatient clinics and follow-up
- ■ ED/acute care
- ■ At-home care and transitions
- ■ Inpatient medical units

44%
26%
16%
14%
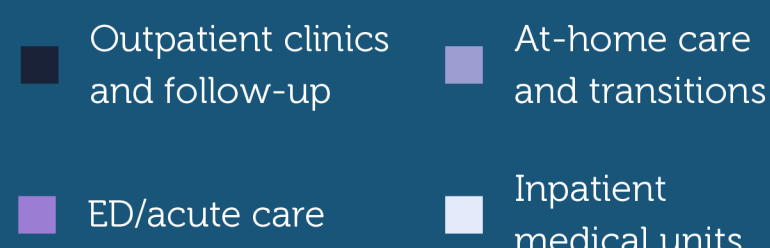
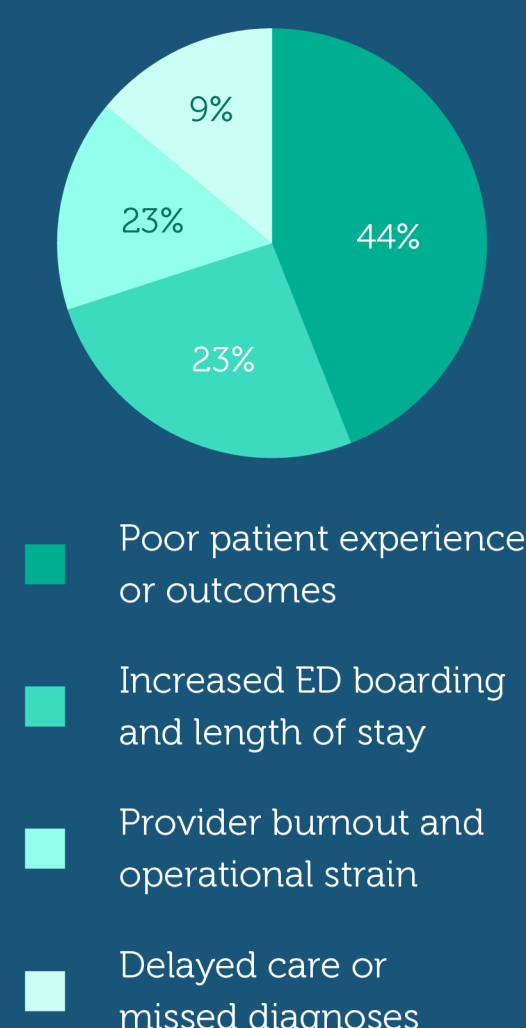**70%** need behavioral health support in acute or outpatient settings

What percent of patients boarding in your ED are behavioral health patients?

- >50% — 13%
- 20-50% — 40%
- 10-20% — 30%
- <10% — 18%

What's the most significant consequence of behavioral health fragmentation in your organization?

44%
23%
23%
9%

- ■ Poor patient experience or outcomes
- ■ Increased ED boarding and length of stay
- ■ Provider burnout and operational strain
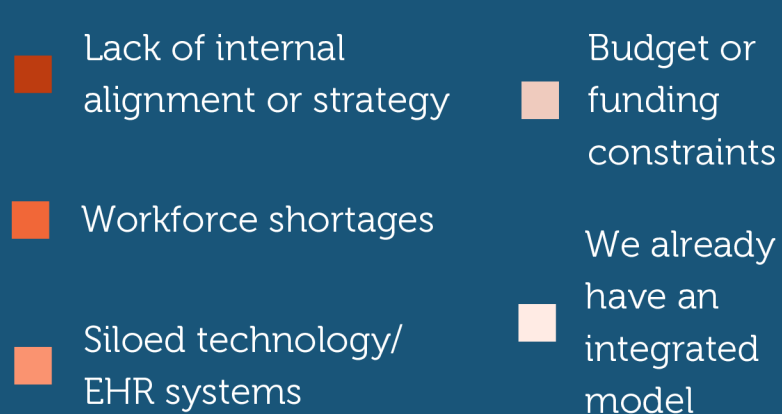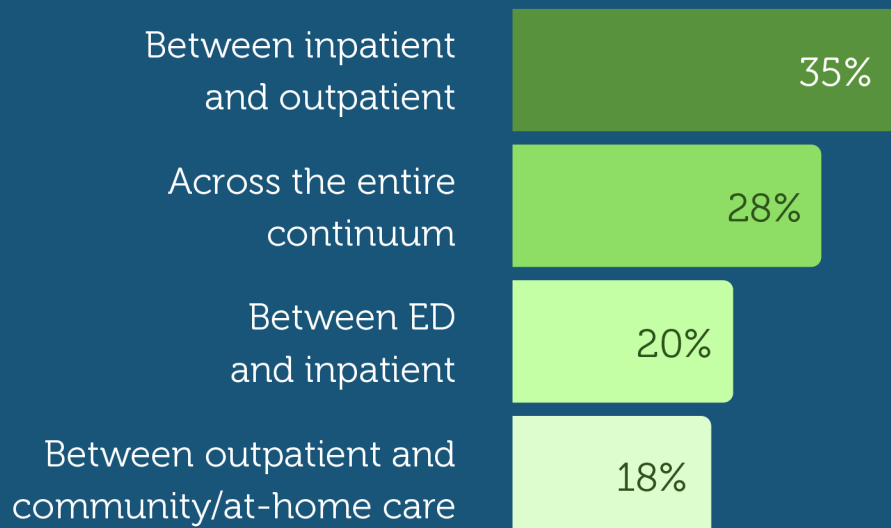- ■ Delayed care or missed diagnoses

95%

do not have an integrated model for delivering behavioral health care

What's the greatest barrier to delivering coordinated behavioral health care across settings?

- ■ Lack of internal alignment or strategy
- ■ Workforce shortages
- ■ Siloed technology/ EHR systems
- ■ Budget or funding constraints
- ■ We already have an integrated model

28%
28%
21%
18%
5%

Where does integration tend to break down in your current behavioral health model?

- Between inpatient and outpatient — 35%
- Across the entire continuum — 28%
- Between ED and inpatient — 20%
- Between outpatient and community/at-home care — 18%

1 in 4

feel it is imperative to solve all of their behavioral health challenges **this year**

Which behavioral health challenges are most urgent for your team to solve this year?

25%
25%
18%
14%
11%
7%

- ■ All behavioral health challenges
- ■ Gaps in post-discharge follow-up
- ■ Care coordination across settings
- ■ Outpatient capacity constraints
- ■ ED boarding and length of stay
- ■ Referral overflow or lack of local options